

IFK International 2009

Næstved

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Results

Event 1 Lilleput pige C 50 meter

Final				
<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>	
1 Cora Löschke	SC L	9:09:41.5275		10
2 Natascha Lindenskov	NIK	9:09:41.7435		8
3 Marie Ladefoged Nielsen	IFK	9:09:42.0515		6
4 Elin Thorgersen	NIK	9:09:45.5489		5
5 Julie Christophersen	VARK	9:09:54.2223		4
6 Clara Lasko-Eriksen	SIK	9:10:02.4189		3

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Results

Event 2 Lilleput drenge C 50 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Frederik Sass	IFK	7.8	10
2	Mads Pedersen	IFK	8.3	8
3	Alexander Deelen	NIK	11.8	6
4	Alexander Sørensen	IFK	18.9	5
5	Nicklas Filtenborg	NIK	22.0	4

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Results

Event 3 Micro piger C 100 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Clara Neerup-Pedersen	NIK	23.4	10
2	Sheila Deelen	NIK	25.1	8
3	Louise Kjeldgaard	IFK	26.6	6
4	Maria Gaard Larsen	NIK	27.1	5
5	Astrid Skovgård Hejlesen	IFK	27.9	4
6	Belinda Jespersen	NIK	28.1	3
7	Katja Due Villadsen	NIK	30.5	2
8	Nadia Filtenborg	NIK	39.5	1

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Results

Event 4 Mikro drenge C 100 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Elias Sommerstedt-Rasmussen	IFK	19.0	10
2	Niels Sorg	SC L	19.5	8
3	Rasmus Wexøe Ertbjerg	VARK	23.3	6
4	Bertram Sørensen	div	24.4	5
5	Mikkel Skovgaard Kjølbj	IFK	24.7	4
6	Ulrik Jeppesen	NIK	27.5	3
7	Marcus Artmann	div	27.7	2
8			28.3	1

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Results

Event 5 Mini piger C 300 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Vanessa Hellmann	SC L	53.5	10
2	Cecilie Ottosen	IFK	59.7	8
3	Kamille Jeppesen	NIK	1:04.2	6
4	Sille Iversen		1:04.2	5
5	Rikke Houmann Larsen		1:10.1	4

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Results

Event 6 Mini drenge C 300 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Mads Ladefoged Nielsen	IFK	48.9	10
2	Marius Sørensen	div	50.5	8
3	Issac Rasmussen	IFK	51.9	6
4	Patrik Dam	SIK	53.5	5
5	Mikkel Møller Jensen		53.7	4

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Results

Event 7 Maxi piger C 500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Madeline Lai Hansen	IFK	1:08.3	10
2	Nadia Renner Nielsen	IFK	1:08.9	8
3	Rie Kristensen	IFK	1:16.2	6
4	Paninnguaq Hansen	IFK	1:20.3	5
5	Freya Kølle		1:21.7	4

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Results

Event 8 Maxi/ungdom/kadet mix C 500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Thor Lindsgaard	NIK	1:08.8	10
2	Nicolai Backs	EIC	1:11.0	8
3	Nicolai Boel	NIK	1:12.2	6
4	Emilie Jørgensen	IFK	1:14.4	5
5	Ida Kølle		1:19.7	4
6	Pernille Jensen	IFK	1:28.8	3

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Results

Event 13 Lilleput pige C 100 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Cora Löschke	SC L	20.4	10
2	Natascha Lindenskov	NIK	23.1	8
3	Marie Ladefoged Nielsen	IFK	24.2	6
4	Elin Thorgersen	NIK	28.6	5
5	Julie Christophersen	VARK	48.9	4
6	Clara Lasko-Eriksen	SIK	1:03.5	3

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Results

Event 14 Lilleput drenge C 100 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Frederik Sass	IFK	22.3	10
2	Mads Pedersen	IFK	22.5	8
3	Alexander Deelen	NIK	29.8	6
4	Alexander Sørensen	IFK	1:06.1	5
5	Nicklas Filtenborg	NIK	1:08.9	4

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Results

Event 15 Mikro piger C 300 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Clara Neerup-Pedersen	NIK	1:04.8	10
2	Maria Gaard Larsen	NIK	1:07.3	8
3	Astrid Skovgård Hejlesen	IFK	1:14.3	6
4	Sheila Deelen	NIK	1:14.6	5
5	Belinda Jespersen	NIK	1:17.9	4
6	Louise Kjeldgaard	IFK	1:18.2	3
7	Katja Due Villadsen	NIK	1:44.0	2
8	Nadia Filtenborg	NIK	2:20.7	1

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Event 16 Mikro drenge C 300 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Elias Sommerstedt-Rasmussen	IFK	58.4	10
2	Niels Sorg	SC L	1:05.7	8
3	Bertram Sørensen	div	1:06.7	6
4	Rasmus Wexøe Ertbjerg	VARK	1:13.1	5
5	Mikkel Skovgaard Kjølby	IFK	1:22.1	4
6	Ulrik Jeppesen	NIK	1:24.2	3
7	Marcus Artmann	div	1:25.9	2
8	Christian Sørensen	IFK	1:37.4	1

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Event 17 Mini piger C 500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Vanessa Hellmann	SC L	1:37.6	10
2	Cecilie Ottosen	IFK	1:38.0	8
3	Kamille Jeppesen	NIK	1:47.1	6
4	Sille Iversen		1:50.2	5
5	Rikke Houmann Larsen		2:06.0	4

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Results

Event 18 Mini drenge C 500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Mads Ladefoged Nielsen	IFK	1:23.8	10
2	Marius Sørensen	div	1:26.2	8
3	Issac Rasmussen	IFK	1:29.7	6
4	Mikkel Møller Jensen		1:34.8	5
5	Patrik Dam	SIK	1:37.9	4

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Results

Event 19 Maxi piger C 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Madeline Lai Hansen	IFK	2:21.1	10
2	Nadia Renner Nielsen	IFK	2:32.7	8
3	Rie Kristensen	IFK	2:36.1	6
4	Paninnguaq Hansen	IFK	2:48.3	5
5	Nanna Jørgensen	NIK	2:48.7	4
6	Freya Kølle		3:07.8	3

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Results

Event 20 Maxi/ungdom/kadet mix C 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Emilie Jørgensen	IFK	2:28.1	10
2	Nicolai Backs	EIC	2:28.5	8
3	Nicolai Boel	NIK	2:29.8	6
4	Thor Lindsgaard	NIK	2:36.4	5
5	Ida Kølle		2:43.6	4
6	Pernille Jensen	IFK	3:02.2	3

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Results

Event 21 Mikro mix B 1000 meter

Final				
<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>	
1 Max Pedersen	IFK	2:24.2		10
2 Katrine Lasko-Eriksen	SIK	2:50.1		8
3 Matilde Nygaard	SIK	2:53.3		6
4 Jonas Åkesson	NIK	2:56.4		5
5 Sune Mastrup	NIK	3:04.2		4
6 Signe Munk	NIK	3:10.6		3

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Event 22 Mini piger B 1500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Fabienne Rohrbach	VARK	4:10.3	10
2	Liv Tange	IFK	4:11.6	8
3	Cecilie Kjeldgaard	IFK	4:12.8	6
4	Mia Heim	IFK	4:27.5	5

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Event 23 Mini drenge B 1500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Johan Flensmark	NIK	3:44.1	10
2	Emil Steendahl	IFK	3:53.0	8
3	Nikolaj Mitrofanov	VARK	3:57.9	6
4	Anton Madsen	IFK	3:58.0	5
5	Jannik Hansen	IFK	4:39.9	4
---	Sebastian Røn	IFK	DNF	

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Results

Event 24 Maxi/ungdom/kadet piger B 3000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Nicoline Roelofs Christensen	VRK	6:28.1	10
2	Steffanie Schultz	IFK	7:13.3	8
3	Katrine Pilgaard Ilm	IFK	7:16.8	6
4	Rikke Tange	IFK	7:19.9	5
5	Sara Munk	NIK	7:46.6	4
6	Anne-Sofie Madsen	IFK	8:17.9	3

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Results

Event 25 Maxi drenge B 3000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Christopher Bruun Hansen	NIK	6:32.3	10
2	Rasmus Sjøholm	IFK	6:40.6	8
3	Johannes Neerup-Pedersen	NIK	7:25.7	6
4	Mikkel Møller Mødekjær	VARK	9:50.1	5

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Results

Event 26 Kadet/ak Mix B 500 meter sprint

Prelims

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Brian Sorg	SC L	52.6
2	Ivan Stub Jørgensen	IFK	53.0
3	Christoper Robin Friis Ouzman	VRK	53.1
4	Michael Nygaard	SIK	55.1
5	Paolo Rosati	VRK	55.2
6	Henk Roelofs	VRK	55.9
7	Kim Håkonsson	ALB	57.3
7			57.3
9	Sabine Löschke	SC L	59.1
10	Maria Gast	ORR	59.3
11	Jens Nielsen	VARK	1:01.0
12	Jens Löbner	SC L	1:01.1
13	Christina Pedersen	IFK	1:01.2

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Event 26 Kadet/ak Mix B 500 meter sprint

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Brian Sorg	SC L	51.6	10
2	Ivan Stub Jørgensen	IFK	52.0	8
3	Christoper Robin Friis Ouzman	VRK	52.1	6
4	Michael Nygaard	SIK	58.8	5

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Results

Event 27 Mini piger A 1500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Jessica Löschke	SC L	3:15.4	10
2	Nicole Noer-Streubel	NIK	3:27.3	8
3	Rosa Colbow	SC L	3:27.3	6
4	Ria Noa	SC L	3:51.4	5

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Results

Event 28 Mini drenge A 1500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Niclas Mastrup	NIK	3:17.7	10
2	Jonas Emil Henmar	IFK	3:25.6	8
3	August Oxenbøll	SIK	3:25.8	6
4	Fabian Thorgersen	NIK	3:25.9	5
5	Josef Bergmann	SC L	3:50.9	4

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Results

Event 29 Maxi piger A 3000 meter

Final

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Emilie Røn	IFK	6:18.2	10
2	Katrine Mitrofanov	VARK	6:22.4	8
3	Laurie-Valentine Magdeburg	SC L	6:22.9	6
4	Ida-Marie Hansen	VARK	6:30.4	5
5	Lea Löbner	SC L	6:33.5	4
6	Marie Steendahl	IFK	6:37.0	3
7	Annalena Kummich	SC L	6:41.7	2
8	Amalie Henmar	IFK	6:56.5	1
9	Cecilie Ekmann	IFK	7:00.1	
10	Annina Bergmann	SC L	7:02.3	
11	Katja Pedersen	IFK	7:02.8	
12	Maria Rosfort	VARK	7:10.8	
13	Josefine Dyrberg	IFK	7:21.6	
14	Antonia Pliz	SC L	8:10.7	
---	Sascha Kjeldgaard	IFK	DNF	

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Results

Event 30 Maxi dreng A 3000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Ben Sorg	SC L	6:34.4	10
2	Patrick Hyltoft	SIK	6:35.2	8
3	Nichlas Åkesson	NIK	6:43.6	6
4	Jacob Schultz	SC L	6:50.0	5

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Results

Event 31 Ungdom piger A 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Katja Pilgaard	NIK	1:55.2	10
2	Katrine Ludvigsen	VARK	1:55.3	8
3	Asta Thorgersen	NIK	1:55.4	6
4	Aleksandra Stojanovic	IFK	2:00.2	5
5	Lisette Hansen	IFK	2:00.5	4
6	Sara Smidth	SC L	2:09.2	3

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Results

Event 32 Ungdom drenge A 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Lucas Hofstede	NIK	1:44.2	10
2	Frederik Rodenberg Madsen	RN	1:45.3	8
3	Philip Due Schmidt	VARK	1:45.4	6
4	Patrick Sørensen	ORR	1:45.7	5
5	Oliver Lindenskov	NIK	1:45.8	4
6	Mads Petersen	IFK	1:45.9	3

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Results

Event 33 Kadet/junior A 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Sissel Hejlskov Christensen	IFK	1:38.6	10
2	Elena Rigas	VARK	1:38.8	8
3	Lisa Willert	IFK	1:43.5	6
4	Sascha Egeberg	IFK	1:44.6	5
5	Mie Lai Hansen	IFK	1:54.3	4

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Results

Event 34 Kadet Herre A 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Stefan Due Schmidt	VARK	1:34.5	10
2	Viktor Thorup	SIK	1:34.7	8
3	Simon Kok Lupemba	SIK	1:36.9	6
4	Nikolaj Helmsøe	VARK	1:37.6	5
5	Morten Nielsen	SIK	1:37.6	4
6	Adam Larsen	SIK	1:45.7	3
7	Emil Pilgaard	NIK	1:46.0	2
8	Lasse Schultz	IFK	1:48.9	1

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Results

Event 35 Junior herre A 500 meter sprint

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Nicolai Kjeldsen	SIK	43.3	10
2	Jakob Hartz	IFK	43.5	8
3	Mikkel Emil Højer	VARK	43.7	6
4	Mikkel Hejlskov Christensen	IFK	44.8	5
5	Kasper Hansen	IFK	49.8	4

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Results

Event 36 Senior/ak mix A 500 meter sprint

Prelims

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Yves Reist	WBI	44.4 Q
2	Christian Hartz	IFK	46.3 Q
3	Magnus Asping	SIK	45.2 Q
4	Emil Nielsen	VARK	48.7 Q
5	Heidi Nielsen	SIK	48.7 q
6	Michael Christophersen	VARK	48.8 q
7	Sune Jensen	VRK	49.4

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Results

Event 36 Senior/ak mix A 500 meter sprint

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Christian Hartz	IFK	43.6	10
2	Yves Reist	WBI	43.7	8
3	Magnus Asping	SIK	45.6	6
4	Emil Nielsen	VARK	49.8	5

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Results

Event 37 Lilleput piger C 200 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Cora Löschke	SC L	40.8	10
2	Marie Ladefoged Nielsen	IFK	46.3	8
3	Natascha Lindenskov	NIK	48.4	6
4	Elin Thorgersen	NIK	1:01.0	5
5	Clara Lasko-Eriksen	SIK	1:59.7	4

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Results

Event 38 Lilleput drenge C 200 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Mads Pedersen	IFK	42.6	10
2	Frederik Sass	IFK	43.1	8
3	Alexander Deelen	NIK	1:09.6	6
4	Alexander Sørensen	IFK	1:32.7	5
5	Nicklas Filtenborg	NIK	2:11.6	4

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Results

Event 39 Mikro piger C 500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Clara Neerup-Pedersen	NIK	1:50.4	10
2	Maria Gaard Larsen	NIK	1:58.1	8
3	Louise Kjeldgaard	IFK	2:00.4	6
4	Sheila Deelen	NIK	2:02.9	5
5	Astrid Skovgård Hejlesen	IFK	2:05.6	4
6	Belinda Jespersen	NIK	2:06.0	3
7	Katja Due Villadsen	NIK	2:51.4	2
8	Nadia Filtenborg	NIK	3:34.0	1

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Results

Event 40 Mikro drenge C 500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Elias Sommerstedt-Rasmussen	IFK	1:34.8	10
2	Niels Sorg	SC L	1:40.9	8
3	Rasmus Wexøe Ertbjerg	VARK	1:55.2	6
4	Bertram Sørensen	div	1:59.5	5
5	Ulrik Jeppesen	NIK	2:11.6	4
6	Mikkel Skovgaard Kjølby	IFK	2:13.1	3
7	Marcus Artmann	div	2:22.3	2
8	Christian Sørensen	IFK	2:41.8	1

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Results

Event 41 Mini piger C 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Cecilie Ottosen	IFK	3:18.5	10
2	Vanessa Hellmann	SC L	3:28.8	8
3	Kamille Jeppesen	NIK	3:37.3	6
4	Sille Iversen		3:43.7	5
5	Rikke Houmann Larsen		4:17.2	4

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Results

Event 42 Mini drenge C 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Marius Sørensen	div	2:44.7	10
2	Mads Ladefoged Nielsen	IFK	2:52.9	8
3	Issac Rasmussen	IFK	3:08.2	6
4	Patrik Dam	SIK	3:15.4	5
5	Mikkel Møller Jensen		3:15.5	4

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Event 43 Maxi piger C 1500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Madeline Lai Hansen	IFK	3:36.8	10
2	Nadia Renner Nielsen	IFK	3:52.5	8
3	Rie Kristensen	IFK	4:07.6	6
4	Nanna Jørgensen	NIK	4:32.4	5
5	Freya Kølle		4:58.7	4
6	Paninnguaq Hansen	IFK	5:30.1	3

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Results

Event 44 Maxi/ungdom/kadet mix C 1500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Thor Lindsgaard	NIK	3:52.8	10
2	Emilie Jørgensen	IFK	3:53.7	8
3	Nicolai Boel	NIK	3:54.2	6
4	Nicolai Backs	EIC	3:59.8	5
5	Ida Kølle		4:16.9	4

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Results

Event 45 Kadet/AK mix B 10000 meter udsk.

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Brian Sorg	SC L	20:42.8	10
2	Christoper Robin Friis Ouzman	VRK	20:48.8	8
3	Paolo Rosati	VRK	20:49.6	6
4	Lars Schmidt	VARK	20:55.6	5
5	Henk Roelofs	VRK	21:09.8	4
6	Jens Löbner	SC L	31:00.0	3
7	Ivan Stub Jørgensen	IFK	32:00.0	2
8	Jens Nielsen	VARK	33:00.0	1
9	Maria Gast	ORR	34:00.0	
10	Kim Håkonsson	ALB	35:00.0	
11	Michael Nygaard	SIK	36:00.0	
12	Christina Pedersen	IFK	37:00.0	
---	Sabine Löschke	SC L	NT	

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Results

Event 46 Ungdom piger A 5000 meter udsk.

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Katja Pilgaard	NIK	10:22.8	10
2	Aleksandra Stojanovic	IFK	10:28.2	8
3	Asta Thorgersen	NIK	10:38.5	6
4	Katrine Ludvigsen	VARK	11:00.0	5
5	Lisette Hansen	IFK	12:00.0	4
6	Sara Smidth	SC L	13:00.0	3
---	Rikke Rubæk	IFK	NT	

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Results

Event 47 Ungdom drenge A 5000 meter udsk.

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Lucas Hofstede	NIK	9:02.0	10
2	Philip Due Schmidt	VARK	9:02.6	8
3	Oliver Lindenskov	NIK	9:02.7	6
4	Frederik Rodenberg Madsen	RN	11:00.0	5
5	Patrick Sørensen	ORR	12:00.0	4
6	Mads Petersen	IFK	13:00.0	3
---	Magnus Kristensen	IFK	NT	

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Results

Event 48 Kadet/junior damer A 10000 meter udsk.

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Sissel Hejlskov Christensen	IFK	19:45.1	10
2	Elena Rigas	VARK	20:30.6	8
3	Lisa Willert	IFK	21:11.6	6
4	Sascha Egeberg	IFK	22:00.0	5
5	Mie Lai Hansen	IFK	23:00.0	4

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Results

Event 49 Kadet herre A 10000 meter udsk.

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Stefan Due Schmidt	VARK	17:27.9	10
2	Nikolaj Helmsøe	VARK	17:47.4	8
3	Simon Kok Lupemba	SIK	18:00.0	6
4	Morten Nielsen	SIK	19:00.0	5
5	Emil Pilgaard	NIK	20:00.0	4
6	Adam Larsen	SIK	21:00.0	3
7	Lasse Schultz	IFK	22:00.0	2
---	Viktor Thorup	SIK	DNF	

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Results

Event 50 Junior herre A 10000 meter udsk.

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Jakob Hartz	IFK	19:02.1	10
2	Mikkel Emil Højer	VARK	19:07.9	8
3	Mikkel Hejlskov Christensen	IFK	19:37.2	6
---	Nicolai Kjeldsen	SIK	DNF	
---	Kasper Hansen	IFK	DNF	

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Results

Event 51 Senior/ak mix A 10000 meter udsk.

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Magnus Asping	SIK	18:33.9	10
2	Christian Hartz	IFK	18:57.7	8
2	Yves Reist	WBI	18:57.7	6
4	Michael Christophersen	VARK	20:00.0	5
5	Heidi Nielsen	SIK	21:00.0	4
6	Sune Jensen	VRK	22:00.0	3
---	Emil Nielsen	VARK	DNF	

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Results

Event 52 Mikro mix B 500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Max Pedersen	IFK	1:12.5	10
2	Katrine Lasko-Eriksen	SIK	1:19.5	8
3	Jonas Åkesson	NIK	1:24.6	6
4	Sune Mastrup	NIK	1:25.4	5
5	Signe Munk	NIK	1:26.1	4

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Results

Event 53 Mini piger B 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Fabienne Rohrbach	VARK	2:35.6	10
2	Liv Tange	IFK	2:35.8	8
3	Cecilie Kjeldgaard	IFK	2:37.9	6
4	Mia Heim	IFK	2:56.0	5

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Results

Event 54 Mini drenge B 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Johan Flensmark	NIK	2:34.6	10
2	Nikolaj Mitrofanov	VARK	2:34.9	8
3	Emil Steendahl	IFK	2:35.0	6
4	Sebastian Røn	IFK	2:35.0	5
5	Anton Madsen	IFK	2:35.1	4
6	Jannik Hansen	IFK	2:58.4	3

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Results

Event 55 Maxi/ungdom/kadet piger B 2000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Nicoline Roelofs Christensen	VRK	4:19.1	10
2	Steffanie Schultz	IFK	4:44.5	8
3	Katrine Pilgaard Ilm	IFK	4:49.5	6
4	Rikke Tange	IFK	4:52.1	5
5	Sara Munk	NIK	5:11.7	4
6	Anne-Sofie Madsen	IFK	5:11.7	3

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Results

Event 56 Maxi drenge B 2000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Christopher Bruun Hansen	NIK	4:15.6	10
2	Rasmus Sjøholm	IFK	4:15.9	8
3	Johannes Neerup-Pedersen	NIK	4:45.9	6
4	Mikkel Møller Mødekjær	VARK	6:23.1	5

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Results

Event 57 Kadet/ak mix B 1500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Ivan Stub Jørgensen	IFK	2:43.8	10
2	Lars Schmidt	VARK	2:43.9	8
3	Brian Sorg	SC L	2:44.0	6
4	Paolo Rosati	VRK	2:44.3	5
5	Christoper Robin Friis Ouzman	VRK	2:45.2	4
6	Henk Roelofs	VRK	2:46.2	3
7	Maria Gast	ORR	2:57.3	2
8	Jens Nielsen	VARK	2:57.3	1
9	Sabine Löschke	SC L	2:57.7	
10	Jens Löbner	SC L	2:58.7	
11	Kim Håkonsson	ALB	2:59.2	
---	Christina Pedersen	IFK	NT	

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Results

Event 58 Mini piger A 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Jessica Löschke	SC L	2:08.9	10
2	Nicole Noer-Streubel	NIK	2:19.4	8
3	Rosa Colbow	SC L	2:22.3	6
4	Ria Noa	SC L	2:32.7	5

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Results

Event 59 Mini drenge A 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Niclas Mastrup	NIK	2:05.2	10
2	Jonas Emil Henmar	IFK	2:09.3	8
3	August Oxenbøll	SIK	2:09.4	6
4	Fabian Thorgersen	NIK	2:10.6	5
5	Josef Bergmann	SC L	2:30.7	4

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Results

Event 60 Maxi piger A 2000 meter

Final

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1 Emilie Røn	IFK	27.1	10
2 Amalie Henmar	IFK	4:13.2	8
3 Maria Rosfort	VARK	4:13.3	6
4 Katrine Mitrofanov	VARK	4:13.3	5
5 Lea Löbner	SC L	4:13.9	4
6 Ida-Marie Hansen	VARK	4:14.1	3
7 Sascha Kjeldgaard	IFK	4:18.8	2
8 Cecilie Ekmann	IFK	4:23.2	1
9 Annalena Kummich	SC L	4:33.3	
10 Katja Pedersen	IFK	4:37.1	
11 Annina Bergmann	SC L	4:40.7	
12 Josefine Dyrberg	IFK	4:42.1	
13 Antonia Pliz	SC L	5:21.1	
--- Marie Steendahl	IFK	DNF	
--- Laurie-Valentine Magdeburg	SC L	DQ	

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Results

Event 61 Maxi drenge A 2000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Patrick Hyltoft	SIK	4:13.9	10
2	Ben Sorg	SC L	4:16.3	8
3	Nichlas Åkesson	NIK	4:21.8	6
4	Jacob Schultz	SC L	4:43.8	5

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Results

Event 62 Junior herre A 1500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Jakob Hartz	IFK	2:17.9	10
2	Mikkel Emil Højer	VARK	2:18.9	8
3	Mikkel Hejlskov Christensen	IFK	2:19.1	6
4	Nicolai Kjeldsen	SIK	2:19.2	5
5	Kasper Hansen	IFK	2:28.3	4

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Results

Event 63 Senior/ak mix A 1500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Christian Hartz	IFK	2:20.6	10
2	Yves Reist	WBI	2:20.8	8
3	Magnus Asping	SIK	2:26.0	6
4	Heidi Nielsen	SIK	2:31.0	5
5	Sune Jensen	VRK	2:31.3	4
6	Emil Nielsen	VARK	2:35.6	3

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Results

Event 64 Mikro mix B 300 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Max Pedersen	IFK	44.6	10
2	Katrine Lasko-Eriksen	SIK	47.8	8
3	Jonas Åkesson	NIK	48.0	6
4	Signe Munk	NIK	49.9	5
5	Sune Mastrup	NIK	51.0	4

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Results

Event 65 Mini piger B 500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Cecilie Kjeldgaard	IFK	1:16.1	10
2	Fabienne Rohrbach	VARK	1:16.3	8
3	Liv Tange	IFK	1:16.7	6
4	Mia Heim	IFK	1:24.8	5

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Results

Event 66 Mini drenge B 500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Johan Flensmark	NIK	1:09.5	10
2	Nikolaj Mitrofanov	VARK	1:10.1	8
3	Anton Madsen	IFK	1:10.4	6
4	Sebastian Røn	IFK	1:10.4	5
5	Emil Steendahl	IFK	1:10.6	4
6	Jannik Hansen	IFK	1:32.5	3

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Results

Event 67 Maxi/ungdom/kadet piger B 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Nicoline Roelofs Christensen	VRK	2:11.1	10
2	Rikke Tange	IFK	2:16.2	8
3	Katrine Pilgaard Ilm	IFK	2:16.3	6
4	Sara Munk	NIK	2:16.6	5
5	Steffanie Schultz	IFK	2:17.0	4
6	Anne-Sofie Madsen	IFK	2:22.2	3

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Results

Event 68 Maxi drenge B 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Rasmus Sjøholm	IFK	2:05.1	10
2	Christopher Bruun Hansen	NIK	2:05.4	8
3	Johannes Neerup-Pedersen	NIK	2:20.5	6
4	Mikkel Møller Mødekjær	VARK	2:46.6	5

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Results

Event 69 Mini piger A 500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Jessica Löschke	SC L	1:00.4	10
2	Nicole Noer-Streubel	NIK	1:05.8	8
3	Ria Noa	SC L	1:08.9	6

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Results

Event 70 Mini drenge A 500 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Niclas Mastrup	NIK	1:00.3	10
2	Jonas Emil Henmar	IFK	1:02.2	8
3	Fabian Thorgersen	NIK	1:03.0	6
4	August Oxenbøll	SIK	1:03.0	5
5	Josef Bergmann	SC L	1:15.8	4

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Results

Event 71 Maxi piger A 1000 meter

Final				
<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>	
1 Emilie Røn	IFK	1:59.4		10
2 Katrine Mitrofanov	VARK	2:02.3		8
3 Maria Rosfort	VARK	2:02.4		6
4 Ida-Marie Hansen	VARK	2:02.6		5
5 Amalie Henmar	IFK	2:03.1		4
6 Laurie-Valentine Magdeburg	SC L	2:03.3		3
7 Lea Löbner	SC L	2:03.5		2
8 Marie Steendahl	IFK	2:05.5		1
9 Cecilie Ekmann	IFK	2:06.0		
10 Sascha Kjeldgaard	IFK	2:07.5		
11 Annalena Kummich	SC L	2:08.5		
12 Katja Pedersen	IFK	2:09.0		
13 Annina Bergmann	SC L	2:10.4		
14 Josefine Dyrberg	IFK	2:10.6		
15 Antonia Pliz	SC L	2:25.7		

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Results

Event 72 Maxi dreng A 1000 meter

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Ben Sorg	SC L	1:55.2	10
2	Patrick Hyltoft	SIK	1:55.3	8
3	Jacob Schultz	SC L	2:01.1	6
4	Nichlas Åkesson	NIK	2:01.2	5

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Results

Event 73 Kadet/ak mix B 10000 meter point

Final				
<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>	
1 Brian Sorg	SC L	20:04.7		10
2 Christoper Robin Friis Ouzman	VRK	20:12.3		8
3 Lars Schmidt	VARK	20:33.5		6
4 Paolo Rosati	VRK	20:43.6		5
5 Jens Löbner	SC L	20:45.1		4
--- Christina Pedersen	IFK	NT		
--- Jens Nielsen	VARK	NT		
--- Henk Roelofs	VRK	NT		
--- Kim Håkonsson	ALB	NT		
--- Maria Gast	ORR	NT		
--- Michael Nygaard	SIK	NT		
--- Sabine Löschke	SC L	NT		
--- Ivan Stub Jørgensen	IFK	DNF		

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Results

Event 74 Ungdom piger A 3000 meter point

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Katja Pilgaard	NIK	6:06.6	10
2	Rikke Rubæk	IFK	6:08.9	8
3	Katrine Ludvigsen	VARK	6:09.2	6
4	Aleksandra Stojanovic	IFK	6:11.7	5
5	Asta Thorgersen	NIK	6:12.0	4
6	Lisette Hansen	IFK	6:24.6	3
7	Sara Smidth	SC L	6:57.8	2

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Results

Event 75 Ungdom drenge A 3000 meter point

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Lucas Hofstede	NIK	5:19.7	10
2	Patrick Sørensen	ORR	5:21.9	8
3	Philip Due Schmidt	VARK	5:26.6	6
4	Frederik Rodenberg Madsen	RN	5:26.7	5
5	Oliver Lindenskov	NIK	5:26.7	4
6	Mads Petersen	IFK	5:36.1	3

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Results

Event 76 Kadet/junior Damer A 5000 meter point

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Sissel Hejlskov Christensen	IFK	9:25.7	10
2	Elena Rigas	VARK	9:33.4	8
3	Lisa Willert	IFK	9:48.3	6
4	Sascha Egeberg	IFK	9:49.4	5
5	Nynne Bolm	VARK	9:59.0	4
6	Mie Lai Hansen	IFK	10:16.3	3

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Results

Event 77 Kadet herre A 5000 meter point

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Stefan Due Schmidt	VARK	8:09.8	10
2	Nikolaj Helmsøe	VARK	8:15.6	8
3	Viktor Thorup	SIK	8:17.7	6
4	Simon Kok Lupemba	SIK	8:50.5	5
---	Morten Nielsen	SIK	NT	
---	Emil Pilgaard	NIK	NT	
---	Adam Larsen	SIK	NT	
---	Lasse Schultz	IFK	NT	

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Results

Event 78 Junior herre A 10000 meter point

Final				
<u>Name</u>	<u>Affiliation</u>		<u>Time</u>	<u>Points</u>
--- Jakob Hartz	IFK		NT	
--- Mikkel Emil Højer	VARK		NT	
--- Mikkel Hejlskov Christensen	IFK		NT	
--- Nicolai Kjeldsen	SIK		NT	
--- Kasper Hansen	IFK		NT	

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Results

Event 79 Senior/ak mix A 10000 meter point

Final				
	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1	Yves Reist	WBI	16:40.4	10
2	Christian Hartz	IFK	17:26.9	8
3	Magnus Asping	SIK	17:33.0	6
4	Michael Christophersen	VARK	17:34.8	5
---	Emil Nielsen	VARK	NT	
---	Sune Jensen	VRK	NT	
---	Heidi Nielsen	SIK	NT	

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Results

Event 80 Stafet 1

Final

Name

Affiliation

Time

Flight 1

IFK International 2009

Næstved

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Results

Event 81 Stafet 2

Final

Name

Affiliation

Time

Flight 1

IFK International 2009

Næstved

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Results

Event 82 Stafet 3

Final

Name

Affiliation

Time

Flight 1

IFK International 2009

Næstved

5/26/2009

Results

Event 83 Stafet 4

Final

Name

Affiliation

Time

Flight 1

IFK International 2009

Næstved

5/26/2009

Results

Event 84 Stafet 5

Final

Name

Affiliation

Time

Flight 1

IFK International 2009

Næstved

5/26/2009

Results

Event 85 Stafet 6

Final

Name

Affiliation

Time

Flight 1

IFK International 2009

Næstved

5/26/2009

Results

Event 86 Stafet 7

Final

Name

Affiliation

Time

Flight 1

IFK International 2009

Næstved

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Results

Event 87 Stafet 8

Final

Name

Affiliation

Time

Flight 1